



5 Waikaukau Road, Glen Eden, Auckland

Phone: (09) 818 3038

Website: [www.extremeedge.co.nz](http://www.extremeedge.co.nz)

Email: [west@extremeedge.co.nz](mailto:west@extremeedge.co.nz)

Open: 7days 10am – 10pm

**So**, you're thinking about holding a birthday party at the

Extreme Edge and ClimbZone? Good on Ya!

We are the newest indoor rock-climbing centre in New Zealand! Here's some information to help make your visit easy and enjoyable.

Our instructors have a wealth of experience working with groups not only at indoor climbing venues, but also instructing outdoor rock-climbing, abseiling & mountaineering.

Need an area for cake/food?

We have a party room you can use, free of charge for up to 2 hours. (Bookings in advance essential.)

Do you have a group of 10 people or more?

We offer great discounts for groups and can cater for groups up to 150. Please book in advance.

Keen to have games/races?

We can provide an instructor (for an extra charge) to stay with your party and organise games etc. if desired.

**Here's** what will happen when you arrive:

Once all members of your party have arrived you will be asked to fill out a release form (one is attached to the end of this document so you can do this before-hand).

Then, you'll be assigned an instructor who will assist with the fitting of safety harnesses. The instructor will then take your group for a lesson at the Extreme Edge or ClimbZone. This lesson includes how to hook on and unhook safely from the rope in ClimbZone and climbing, belaying (rope controlling) and general safety at the Extreme Edge.

Once all the belayers have indicated that they feel safe and confident in their technique and the instructor deems them proficient, your group will be allowed to climb at their leisure.

## Pricing:

Group Size	Entry incl. Harness Hire (daily rate)	Optional Extras
	<u>Child:</u>	Shoe hire:\$5
0 – 9	\$15 each	Chalk Bag Hire: \$4
10 +	\$12 each	Instructor: \$50 per Hour

**While** we encourage a relaxed and fun environment, there are a few rules that must be followed to make your climbing experience safe and enjoyable:

- All belay lessons are to be given by an Extreme Edge/ClimbZone instructor
- Belayers must be 12 years or older
- If your party consists of children under the age of 12, we recommend a 1:3 adult to children ratio for belaying
- The ClimbZone has fully automatic belays so there is no age limit or belayer/climber ratio.
- Please closely supervise younger children who are not climbing
- Shoes must be worn while climbing; snug fitting sports shoes are ideal
- Climbers under 16 years climbing here for the first time must have a release form signed by an adult, prior to climbing
- Please respect our gym and place all rubbish in bins provided
- Please, no alcohol, chewing gum, popcorn or party-poppers

We look forward to meeting you!

Best Regards,  
The Team at Extreme Edge and ClimbZone.



# GYM RULES

- YOU MUST BE 12 OR OLDER TO BELAY.**
- YOU MUST GET A BELAY LESSON** IF YOU HAVE NOT BELAYED HERE BEFORE.
- YOU MUST GET A LEAD ASSESMENT** IF YOU HAVE NOT LEAD BELAYED OR CLIMBED HERE BEFORE.
- STAFF ONLY TO GIVE LESSONS AND ASSESMENTS.**
- YOUR FEET MUST BE NO HIGHER THAN 1.5M** IF YOU ARE **NOT ON A ROPE.**
- CHILDREN UNDER 14 YEARS OF AGE MUST BE SUPERVISED BY AN ADULT.**
- NO HOODIES** TO BE WORN BY CHILDREN WHILE CLIMBING.
- IF YOU ARE STRUGGLING** TO BELAY CORRECTLY OR YOU ARE **UNSURE** ABOUT WHAT YOU ARE DOING; YOU **MUST SEEK ASSISTANCE** FROM AN INSTRUCTOR.